

Hawk Herald

June Edition

Arrowhead Elementary School

June 7, 2018

Dear Arrowhead Families,

It is with mixed emotions that I write to you today. I feel very fortunate to have had the opportunity to serve at Arrowhead as your principal for six years. Arrowhead is an incredible school. Each day I have been filled with joy and pride as I watch our Arrowhead students learn and grow, and our staff persist for the growth of each child. Your children's friendly smiles and greetings, caring actions, continuous effort, and curious minds have made each day very rewarding for me. I have truly loved my job.

As life sometimes offers up, a new opportunity has come before me. I have accepted an opportunity to serve as the Principal of Mason Elementary in the San Diego Unified School District beginning the 2018-2019 school year. This new role provides me the opportunity to return to San Diego area, have family close by and to work again where I had my early beginnings in such a great school district! Not to mention... a few more days of sunshine! I have learned that the greatest opportunity to grow my own skills as a leader is to continue to be challenged by embracing new opportunities. One of the hardest parts of leaving is knowing that I will be leaving the people and place that has become so important to me.

The parent support at Arrowhead is truly a gift! Whether it be volunteering in classrooms, serving on PTA committees, supervising an after school enrichment class or supervising a school day field trip, our parents are always ready to help. Your continued dedication and support results in academic and social success for our entire community. Arrowhead families are true partners in the educational process! You help us cultivate kind, gracious, helpful, service-oriented students!

Thanks also go to the Arrowhead staff for the dedication and passion for the work they do. The importance they place on learning shows through hard work, concern for our students and their families, and the long hours they spend in order to have the learning environment we all want for our students—one that is safe and nurturing while still rigorous and challenging. It takes our whole staff to make this happen. Managing all they do while showing pure enjoyment for the work they do is a true talent and a calling. What a pleasure it has been to watch. I hope you all know how much they believe in doing their best for students.

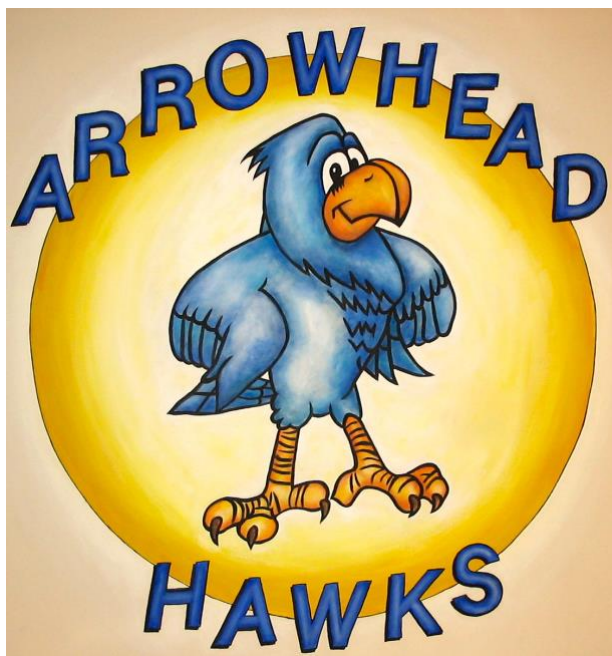
Thank you students of Arrowhead, now and past. You remind us daily why we are here. Your eagerness to learn and to be the best you can be is inspiring. You are willing to work hard; you are curious and kind. You continue to show me reasons to continue on as an educator and reasons to have hope and faith in the future of our world. You will be making the world a better place and I feel a great amount of pride for you. Continue to advocate for yourselves and others, continue to learn and most of all, be joyful in your learning and the learning of others now and forever.

Thank you for your support and for allowing me to be a part of such a wonderful school community. The next step is that Northshore School District Administration will begin the process to select the next Principal of Arrowhead Elementary.

Arrowhead Elementary – the staff, the students, the community - will always hold a special place in my heart. I will always remember your kindness and the many ways you were instrumental in my own professional growth as a school leader.

Warmly,

Jesse Harrison, Principal



Moving?

If you are moving to another school next year, please let our school office know so that we can plan for classroom sizes and staffing. Please call the office @ 425-408-4000 or email the Office Manager, Jo Wild - jwild@nsd.org.

PLEASE NOTE

June 6th is the last early release Wednesday. The remaining Wednesdays are full days of school.

2018-2019

Kindergarten Registration

Kindergarten registration began in January. If you have a child to enroll for the 2018-2019 school year, please stop by the office between 8:30am and 3:30pm to complete the paperwork. Please encourage any families you know of that may have a 2018-2019 kindergarten student to enroll as soon as possible!

Please contact the Arrowhead Office at (425) 408-4000 if you have any questions.

Calendar

6/8 3rd Grade to Arboretum
 6/8 Library Volunteer Thank-You 9:30AM Library
 6/11 Band & Orchestra Info Night – NMS – 7:00PM
 6/12 3rd Grade Music Program – 7:00PM – GYM
 6/13 FULL SCHOOL DAY – No Early Release
 6/13 O'Connor/Rudko Buddy Field Trip – 9:45AM
 6/14 Mrs. Ryan "Otter" Graduation – 1:45PM
 6/18 Memory Books Distributed
 6/18 Ms. Swanson Celebration – 1:30PM
 6/19 Mrs. Wilson Celebration – 1:10PM
 6/19 5th Grade Sailing Trip – 9:30AM
 6/19 5th Grade Party – 1:30PM
 6/20 FULL SCHOOL DAY – No Early Release
 6/20 Field Day – See schedule on pg. 3
 6/21 End of Year Awards Assembly – 10:00 AM – GYM
 6/21 Last Day of School – Dismissal at 11:30AM
FOOD DRIVE DATES EXTENDED THROUGH 6/14/18

Lost & Found

Please check the "Arrowhead Rack" and make sure your child's jacket, sweater, mittens, hats, and other pieces of clothing are not lost forever. The rack is located outside the Library.

Small items like jewelry, keys, and glasses are kept in the office. Anything left on the rack after June 21st will be donated to Threads & Treads.

Juanita Drive Electrical Box Art Winner

Congratulations to Grace Ding – her artwork will cover the electrical box on the corner of 153rd and Juanita drive. Three drawings were chosen from the many submitted by our students and Mayor Baker chose Grace's piece to cover the box. He commented that it was a tough choice but Grace's love of Kenmore shown through her art and he is excited to see the final product on display soon!



Field Day 2018

Come join the FUN on Wednesday, June 20th! It looks a little different this year but we still need lots of volunteers to come and make it a great day for our students. This year field day will run throughout the day by grade levels. Parents can come volunteer for the time when their student is participating. Please sign up for the time you wish to be here and you will be assigned a station when you arrive to volunteer. Don't forget to check in at the office and get your visitor tag before going to volunteer.

If you have any questions, please call the office (425) 408-4000.

Field Times:

9:45 – 11:00am 2nd & 3rd Grade

11:15 - 12:30pm 4th & 5th Grade

1:00 – 2:15pm Kindergarten & 1st Grade

SIGN UP HERE TO VOLUNTEER: www.SignUpGenius.com/go/10C054DA8A82CA4FD0-field

Staffing Changes for the 2017-2018 School Year

Each year brings changes to our staff and this year is no exception. It is with mixed emotions that we say goodbye to staff who are moving on.

Autumn Doss – Autumn has accepted an offer to work in a 4/5 multiage class at Sacajawea in the Seattle School District. We will miss her amazing support of students and her creative and fun presence in the classroom. Good Luck Autumn!

Virginia Gonzalez – Virginia has been at Arrowhead for three years and has been instrumental in supporting our English Language Learners. We wish her well in her new role as a Parent Liaison supporting the relationships between families and schools here in Northshore. We will miss you Virginia!

SPECIALIST SPOT – Music, Library & PE

Notes from Ms. Webb:

On Tuesday, June 12th the 3rd graders will have their music performance. The will begin at 7:00pm in the gym if you plan on joining us for the event.

What a great year it has been for music – thank you so much for supporting music in our school and attending all of the performances throughout the year!

Do you have a student interested in Band or Orchestra?

Continuing this year, the Elementary Band and Orchestra Program will be **free** to all participating Northshore students. Parents interested in finding out more about the program or registering their students are encouraged to attend the June 11th information night at Northshore Junior High School – 12101 NE 160th St. Bothell 98011 beginning at 7:00pm

If families of current 3rd and 4th grade students are unable to attend on 6/11 they are invited to attend the All-District Beginning Band and Orchestra Information Night to learn about the program, meet instructors, listen to demonstrations and register on 9/17/18 at NMS at 7:00pm.

Library with Mrs. Sepessy:

Can you believe it is that time of year when students should be returning their library books in anticipation of the end of the year? This week was the final week for check out and all books are due Friday, June 8th. Fine slips will be sent home the week of June 11th.

Library volunteers are needed for the 2018-19 school year! Many of our long term volunteers have students moving to middle school. If you want to volunteer and have a little one at home, they are welcome as long as they are able to sit quietly, listen to stories and not interfere in your ability to complete your volunteer duties. Please ask Mrs. Sepessy for more information.

A reminder for all our library volunteers – please join us for our “Thank You” tea in the library on Friday, June 8th at 9:30am.

Makerspace Club has been wildly successful and we have had to turn away students because of space constraints. We would like to expand the program to two days a week but will need to enlist several more interested parents to help run the before school program. If you are interested in helping out with the amazing STEAM projects worked on during the club, please contact Mrs. Sepessy.

CORRECTION: In the last edition of our newsletter there was incorrect information. The students who participated in the Global Reading challenge from Arrowhead prevailed and moved on to the final level. The newsletter stated that it was Woodmoor that moved on – so sorry for the incorrect information – congrats again to our Global Reading Challenge team!

News from the Kitchen

The end of the school year is approaching and your help is needed regarding Bank-A-Meal accounts. Please remember that any balance on your fifth grade student's account will be automatically forwarded to the NSD middle school your child will attend. If you have questions regarding your child's account, please call the Arrowhead kitchen at 425-408-4008.

Please leave a message if the kitchen staff is unavailable and your call will be returned as soon as possible. It is helpful to have enough money for at least two lunches left on the account for the first few days of school for fall 2018. If there is a balance that is owed, it should be paid before the end of this school year.

Yearbooks will be distributed on Monday,
June 18th.

Extra copies are \$17.00. If you would like to purchase one, please come to the office starting on June 18th. There are only a few extra yearbooks and they will be sold on a first come basis.

Safety Patrol

In appreciation for all their hard work, the Safety Patrol enjoyed a special year-end party at Lynnwood Bowl and Skate. Thank you to all of the parent volunteers who transported and chaperoned the students. This is always a successful and fun outing for our dedicated patrol students.

They have performed their early morning and late afternoon assignments faithfully and carefully. Helping children out of cars and keeping the flow of our parking lot moving is not a job taken lightly.

Information to students who are interested in participating in Safety Patrol next year is coming home soon! Permission slips will be available for current 3rd and 4th grade students interested in joining next year's patrol team. The Crossing Guard Summer Academy class schedule will be given out with the permission forms. It is highly recommended new patrols attend one of the 2-hour training sessions. If you have questions, please contact Mrs. Person (eperson@nsd.org).

Parents are invited to join us for the end-of year assembly on Thursday, June 21st.

The assembly is in the gym and begins at 10:00 AM.

We will recognize school service and achievement for the 2017-2018 school year and honor and send off this year's fifth grade students.

Please feel welcome to join us for this special end of year tradition.



OPENING OF THE 2018-2019 SCHOOL

The following information will be helpful to you as we approach the 2018-2019 school year. You may wish to keep this in a convenient place for easy reference.

- The all school **Open House** is Wednesday, August 29th from 5:15-6:00pm
- **PTA Welcome Back Night** follows the open house and is from 6:00-7:30pm
- We anticipate mailing your child's class assignment along with other important school information at the end of August. ***Assignments are finalized just prior to mailing.***
- Our Transportation Department will provide bus transportation information online in mid-August.
- All kindergarten parents will receive an information packet in late August including teacher assignment.
- Immunization information for kindergarten and new students entering Arrowhead in the fall must be submitted at the time of registration or by the first day of school.
- Current bell times for Arrowhead for the 2018-2019 school year are: 9:30am and 4:00pm. Early release is 2:30pm. **Students will be tardy after 9:30am.**
- Kindergarten students will start school three days after grades 1st through 5th. This is to allow for kindergarten parent teacher conferences prior to the start of school. The first day of kindergarten is September 10th.

The school office is closed the month of July and will reopen August 6th.

CURRICULUM NIGHT 2018-2019 – FOR PARENTS ONLY

Tuesdays – September 11th, 18th, 25th and October 2nd

September 11th:

6:00pm – Parents in the Gym

6:30pm – Third Grade

September 18th:

6:00pm – Parents in the Gym

6:30pm – Fourth and Fifth Grade

September 25th:

6:00pm – Parents in the Gym

6:30pm – Kindergarten and First Grade

October 2nd:

6:00pm – Parents in the Gym

6:30pm – Second Grade

Date and time for Special Services is still to be determined

All grades will hear a message from Arrowhead's principal in the gym. Please plan to gather in the gym from 6:00-6:30pm the night of your student's grade level meeting. The principal will have important information to share with all parents.



News from the Health Room

Sunscreen

As the weather improves, we would like to remind you of the sunscreen policy. As of last year, Washington passed a law that allows students to bring sunscreen to school and to self-apply it. We welcome you to take advantage of this opportunity to better protect your child's health. Please see the important directions below before sending sunscreen with your child.

- **Students will apply the sunscreen to themselves. Staff will not be able to help.**
- Write your student's **name** on the sunscreen container with a permanent marker.
- Send **ONLY rub-on sunscreen** to school.

Many students do not have the coordination to effectively apply spray sunscreens only on themselves.

Spray sunscreens in the crowded school settings are a recipe for getting sunscreen in the eyes, mouths and noses of other students.

Spray sunscreens are particularly risky for our students and staff with asthma and other respiratory conditions.

- Student must NOT share sunscreen with other students due to the risk of skin sensitivities
- The best practice is still to apply sunscreen to your student before coming to school. **Again, staff will not be able to help, if students bring sunscreen to school, they must be proficient at applying it themselves.**

Medications

Please remember to pick up any medication at school. All medication left at school after 12 noon on the last day of school will be destroyed. **An adult must pick up medication, it may not be sent home in a student's backpack.** Each year your student will require a new medication order form from your provider. Forms are sent to all students who currently have medication orders for school. The form and medication policy is also available on the district website, www.nsd.org, under health and safety.

Summer Water Safety

Sadly, every year there are drownings in King County and other places in Washington State. Please see the following links from the Public Health Department and the Red Cross regarding safety around water. Many people think their children are safe because they know how to swim. Some points to keep in mind:

- Our rivers, lakes and oceans are very cold - cold water shock is one of the biggest killers. When you jump in, the gasp response can cause you to open your mouth and take in water suddenly, causing you to choke violently. Hypothermia can also set in within the next 10 minutes, rendering your muscles useless. Even Olympic swimmers can drown in water temperatures of 75 degrees. Currently our water temps are less than 50 degrees!
- With this warm weather it is tempting to jump into one of our beautiful lakes or rivers to cool off. Please be very careful and always wear a Personal Flotation Device or "life jacket." And NEVER swim alone, adults included!

For more information, see below:

<https://publichealthinsider.com/2015/04/16/getting-warmer-lets-talk-water-safety/>

<http://www.redcross.org/get-help/prepare-for-emergencies/types-of-emergencies/water-safety>

Clothes for Kids

Clothes for Kids provides free school clothing to low-income students in Head Start and grades K-12 in all of Snohomish County and the Northshore School District in King County. Clothing is distributed from late August through the end of March. Students who qualify for free or reduced lunch may request a requisition for clothing form from the school nurse. Opening day for shopping is August 22nd – no appointment is necessary, just bring the form with you when you come to shop. For more information go to: www.clothesforkids.org.

Care Day – June 29th – Northshore Middle School – 10am to 3pm

A day for our community to have immediate access to services and resources they need all in one place at the same time. Services include health screenings, dental care, haircuts, food assistance, ORCA LIFT cards, housing/job assistance, legal/financial advice, family services, family portraits and much more! For more information go to: www.careday.net.

Please contact Nurse Anne if you have any questions on any of these items.

ajanssen@nsd.org

425-408-4006

Summer is the Season for Reading



Memorial Day is behind us, which means that summer has unofficially begun. In several weeks, school will be out and the rest of the summer will be before us, complete with family trips, barbeques and days at the beach.

All of the thinking students do at school makes the school year demanding. Summer vacation provides children with a chance to rest and recharge for the next school year. Kids benefit from fresh air, exercise and time with friends. That down time is important, but when students are completely down, it means they are losing ground. A summer without reading doesn't just mean that students don't make progress; it means that they actually suffer from summer reading loss and fall behind their peers. Unfortunately, summer reading loss has a greater impact on struggling readers. This summer reading loss accumulates from summer to summer, causing many struggling readers to be as much as two years behind by the time they reach middle school.

The good news is that summer reading loss is avoidable. In fact, students who engage with books every day can strengthen all of the literacy skills they learned during the previous school year. And, it doesn't mean that children need to give up vacation and read all day. Primary students can maintain their reading skills by reading for about 20 to 30 minutes each day. Intermediate students can not only maintain, but also gain reading achievement by reading six or more books during summer vacation. There is a consistent connection between the number of books students read during the summer and academic gains. Additionally, children who participate in free voluntary reading gain skills in reading comprehension, writing style, vocabulary, spelling and grammar.

Summer vacation is a few weeks off, but now is the time to prepare. Getting things in place now will allow your family to start summer reading on the first day of break.

- Find the closest public library and visit it. Can you walk or ride a bike there?
- Sign up for library cards for each family member who doesn't already have one.
- Search the online catalog and place holds on some books for each family member (moms and dads too!).
- Select a day to visit the library each week and start visiting. Pick up the books you put on hold if they are ready for you.
- Find a spot in your home for library books that are ready to go back to the library.
- Start creating times when the whole family reads together. Children will read more when they see their parents reading regularly.
- Set up a routine for older students to read to younger siblings or neighbors.
- If your child has access to Raz Kids, practice logging in and reading books online.

Summer vacation will be here before we know it. Use the time leading up to it to ensure that your child is ready to use summer as a time for maintenance and growth. You will be glad that you made the effort to make reading a regular part of your child's summer break.

Early Childhood Education and Assistance Program

Northshore School District is expanding our early childhood education opportunities for our youngest learners!

With our increased opportunity to serve preschoolers within Northshore, we are enrolling eligible preschoolers into Head Start classrooms and state-funded ECEAP classes currently. Both high-quality programs serve eligible preschoolers.

ECEAP (Early Childhood Education and Assistance Program) and **Head Start** provide free services and support to eligible children and their families. They serve children who are from low-income families or who have developmental or environmental risk factors that could interfere with school success. They help children and families get ready for kindergarten.

ECEAP (pronounced "E-Cap") is the Early Childhood Education and Assistance Program funded by Washington State. Head Start is funded by the federal government.

Both ECEAP and Head Start include:

- Early learning preschool or home-based services to support children's development and learning.
- Family support and parent involvement.
- Child health coordination and nutrition.
- Services responsive and appropriate to each child's and family's heritage and experience.

Children who attend ECEAP and Head Start preschools learn to manage their feelings, get along with others and follow classroom procedures. They build the beginning skills for reading, math and science. The programs work closely with parents to support their children's health and education and to meet family goals. They help families access medical and dental care and social services. Children in this type of high-quality program nationwide are:

- Healthier when they start kindergarten.
- Less likely to be in special education or repeat a grade in school.
- More likely to graduate from high school and go onto college.
- Less likely to become pregnant as a teen or become involved in a crime.
- More likely to be employed and to earn more as an adult.

Who is Eligible? Children are eligible for ECEAP and Head Start based on their age and family income. Up to 10 percent of ECEAP and Head Start children can be from families above the income limit if they have:

- Developmental factors such as developmental delay, disability, or other special needs
- Environmental factors such as homelessness, family violence, chemical dependency, child protective services involvement, foster care, or incarcerated parents.

After eligibility is determined, children are prioritized for enrollment as space is available in their communities. While ECEAP and Head Start have similar eligibility criteria, there are some differences:

ECEAP children must be 3 years old but not yet 5 years old on August of the school year, and:

- On Individualized Education Programs (IEPs) for special education or
- From families at or below 110 percent of the federal poverty level, which includes all children in foster care and all families with Temporary Assistance for Needy Families (TANF) cash grants. Some children may be accepted who are over the income limit, if they have developmental or environmental factors.

Head Start children must be 3 to 5 years old for preschool Head Start and:

- From families at or below 130 percent of the federal poverty level, with priority to those at or below 100 percent or
- Homeless, in foster care, or from families with Temporary Assistance for Needy Families (TANF) cash

Some children may be accepted who are over the income limit if they have developmental or environmental factors.

Class schedules and location: Head Start classes are held 10:10 a.m. to 1:40 p.m., Mondays, Tuesdays, Thursdays and Fridays at Kenmore Elementary School, 19121 71st Ave. NE, Kenmore, WA 98028

Our New ECEAP classes (time to be determined) will be held at Hollywood Hill Elementary, 17110 148th Avenue N.E. Woodinville, WA 98072
Transportation:

Transportation is provided to families who live within the Northshore School District boundaries.

Mail or drop off completed applications to Kenmore Elementary

For more information please call Sheriece @ 425-408-4816 or Kendra @ 425-408-4826 (Spanish)

Email: headstart@nsd.org

Community SERVE Day – August 26th – 9am to 1pm

This is the fifth year that Arrowhead is excited to have Community SERVE Day. Churches and organizations from all over the Eastside have connected with the purpose of serving the community in various ways. One of the main focuses of the day is to help teachers prepare their classrooms for the fall. Volunteer teams will be serving in classrooms helping teachers prepare for the start of school. The school will also receive some help getting beautiful for the beginning of school - some of the requests include painting on the playground, spreading new bark, planting and cleaning the gardens, garbage pick-up and much more.

If you would like to join the fun on August 26th, Danielle Knight (danielleknight44@outlook.com) is the contact. She can tell you how to get involved and how you can help. For more information and to sign up you can go to www.communityserveday.org. Arrowhead is excited to have a team of Community SERVE Day volunteers come again!

Northshore School District Substitute Nurses Needed!

Are you a Registered Nurse who might be interested in exploring the rewards of school based nursing, supplementing work hours or simply maintaining nursing licensure credentials? We would love to discuss available opportunities as a substitute school nurse with the Northshore School District -- this is a great way to transition into community nursing with K-12 school age children. Contact Rebecca Cavanaugh, Health and Nursing Supervisor, Northshore School District: 425.408.7728 or rcavanaugh@nsd.org.



Enjoy your summer break!

Interpreter/Translation Services for Parents

Your child's education is very important. As the parent/guardian of a Northshore student, you have the right to participate in your child's education, including communicating with teachers and staff about your child. Northshore offers interpreter and translation services to parents free of charge. We encourage you to tell someone at your child's school if you need an interpreter or a translation. Please contact your school office or Sue Moeller at 425-408-7723 if you have any questions or concerns about Northshore's language services.

孩子的教育非常重要。作为 Northshore 学校学生的父母/监护人，您有权参与您孩子的教育，包括与学校教职人员就您孩子的各方面情况进行沟通。Northshore 学校向家长免费提供口译和笔译服务。如果您需要翻译服务，我们鼓励您告诉孩子所在学校的相关人员。如对 Northshore 语言服务有任何问题，请与学校办事处或 Sue Moeller 联系，电话：425-408-7723。

귀자녀의 교육은 매우 중요합니다. Northshore 학생의 부모/후견인으로서 귀하에게는 자녀에 대해 교사 및 직원과의 의견을 나누는 등 자녀 교육에 참여할 권리가 있습니다. Northshore는 학부모에게 통역 및 번역 서비스를 무료로 제공합니다. 통역 또는 번역이 필요한 경우에는 자녀 학교의 교직원에게 말씀해 주시기 바랍니다. Northshore의 언어 서비스에 대한 질문 또는 관심사항이 있는 경우에는 교무실 또는 Sue Moeller에게 425-408-7723으로 연락해 주십시오.

Образование вашего ребенка имеет большое значение. Являясь родителем / опекуном ученика округа Northshore, вы имеете право на участие в его образовании, в том числе на общение с учителями и персоналом школы по вопросам, касающимся вашего ребенка. Школьный округ Northshore предлагает родителям бесплатные услуги устного и письменного перевода. Если вам требуется помощь устного или письменного переводчика, сообщите об этом кому-либо из персонала школы, в которой учится ваш ребенок. Свяжитесь с администрацией школы или со Sue Moeller по телефону 425-408-7723, если у вас возникнут какие-либо вопросы или трудности со службой переводов Northshore.

Sự giáo dục của con quý vị là rất quan trọng. Là phụ huynh/người giám hộ của học sinh Northshore, quý vị có quyền tham gia chương trình giáo dục của con mình, gồm có việc liên lạc với giáo viên và nhân viên liên quan đến con quý vị. Northshore cung cấp dịch vụ thông dịch và biên dịch miễn phí cho phụ huynh. Chúng tôi khuyến khích quý vị nên thông báo cho một nhân viên tại trường học của con quý vị nếu quý vị cần thông dịch viên hoặc tài liệu dịch. Vui lòng liên hệ văn phòng nhà trường hoặc Sue Moeller qua số 425-408-7723 nếu quý vị có bất kỳ thắc mắc hay quan ngại nào về các dịch vụ ngôn ngữ của Northshore.

La educación de su hijo(a) es muy importante. Como padre/tutor de un alumno de Northshore, usted tiene derecho a participar en la educación de su hijo(a), esto incluye comunicarse con los profesores y el personal para hablar sobre su hijo(a). Northshore ofrece servicios de traducción e interpretación sin costo para los padres. Si usted necesita un intérprete o una traducción por favor coméntelo con alguien de la escuela donde estudia su hijo(a). Por favor contacte a la dirección de la escuela o a Sue Moeller al 425-408-7723 si tiene preguntas o inquietudes relacionadas con los servicios de traducción e interpretación de Northshore.