



Hawk Herald

Feb/March Edition

Arrowhead Elementary School

February 3, 2020

Hello Arrowhead! While my fingertips burned with cold this morning the birds were singing and the tiniest hint of spring seemed to whisper through the chilled air.

During yesterday's Super Bowl I was struck with how focused and persistent Patrick Mahomes was at the beginning of the 4th quarter. Hawks fans are well trained to see the 4th quarter as rich with scoring opportunity, but I have to admit things were looking grim for the Chiefs as 4th quarter began. Some Chiefs players were getting edgy or emotional, but every time the camera showed Mahomes he looked calm and purposeful, something that allowed him to do what needed to be done in the final plays of the game. This ability to stay resolute in the face of the steepest part of the climb – to be persistent but at the same time thoughtful and positive – is something we work hard to teach our students. We might call it “grit” or “resilience,” but having the confidence to make the right decisions all the way to the very end of a challenging task is a life skill we want for our students. We can help children learn this resilience by either supporting them from a distance as they tackle something challenging or by letting them fail and learn they can recover and rise up from failure. As we know, we often learn the most from our mistakes. Children also learn resilience by watching us. When we lose our cool or give up, we miss the opportunity to show children that the best way to face challenges is to give it our best shot right up to the very end – to be sportsmanlike and positive, trusting in and dedicated to our own abilities and those of our “teammates.”

Winter brings challenges. Academics pick up in intensity, friendships deepen and grow more complex, and the week-long February and April breaks can disrupt routine and be joyful and stressful at the same time. At Arrowhead we will continue to focus on supporting the whole child – pushing each child academically and ensuring they have the explicit social and emotional instruction and support to spread their spring wings and soar. The lengthening days and emerging green remind us that life brings beauty and we can enjoy it side by side.

Kristin

Calendar

2/4	NMS Visits 5 th Grade 11:00am
2/6	Kindergarten Field Trip-Everett Children's Museum 9:45am
2/7	Kindergarten Parent Tour 9:45am
2/7	Early Dismissal-Conference Day 12:35pm
2/14	Yearbook Orders Due
2/17	President's Day-NO SCHOOL
2/18-2/21	Mid Winter Break-NO SCHOOL
2/26	Yearbook Group Picture Day
2/28	Kindergarten Parent Tour 9:45am
3/2	2 nd Grade Field Trip-Meydenbauer Center
3/9	Mrs. Liburdy's Class Field Trip-Arboretum 9:30am
3/18	District-wide Kindergarten Information Night-NPAC 7:00pm
3/20	Parent Meet and Greet with Dr. Reid-Library 8:25am
3/24	4 th Grade Musical-Pirates! Gym 7:00pm
3/26	Bowker/Ye's Classes Field Trip-Arboretum 9:30am
3/27	Rudko/O'Connor's Classes Field Trip-Cougar Mountain Zoo 9:30
3/28	Pancake Breakfast

Reminder!!

This Wednesday 2/5 we have Early Release at 2:25.

This Friday 2/7 we have Early Dismissal at 12:35.

Lunch will be served before dismissal.

Kindergarten Registration

Kindergarten registration for the 2020-2021 school year has begun! Just click this link to take you to the on-line enrollment. <https://www.nsd.org/schools/get-started/enrollment>. Please inform any families you know of that may have a 2020-2021 kindergarten student of our enrollment process! Encourage them to access enrollment forms on the NSD website. We have two kindergarten tours scheduled in February. Friday, 2/7 and Friday 2/28 at 9:45am. Please call our school office at 425-408-4000 to register.

Yearbooks

Order forms should have come home with your student in late January. The office is accepting orders now through February 14th. You can send in cash, check or pay on-line. Cost is \$15.00 each. Yearbooks are distributed in June for those who purchase by February 14th. There are a **very limited** number for sale in June at a cost of \$17.00 each. Order early to guarantee your student gets one.

4rd Grade Music Performance

Mark your calendars for the 4rd Grade Music Performance on Tuesday, March 24th in the Gym at 7:00 pm. They will be performing the musical **Pirates!**

Attendance Line

We now have a dedicated line for attendance. If you are calling your student in absent or tardy, you can call **425-408-4010** and leave a message. You may also call the main office line **425-408-4000** and follow the prompts to the attendance line.

Bicycling to School

Students riding a bicycle to school, where it is safe to do so, creates greater transportation flexibility for families, allows students to exercise greater independence, and promotes positive physical health.

We believe families should carefully consider their potential biking routes, their **student's ability**, and their **safety preparations** before allowing their student to bike to school.

Elementary students and families should complete a **Bike to School Agreement and Consent Form** prior to biking to school. Forms are also available in our school office. Secondary students are not asked to complete this form.

Elementary students should also complete a bicycle safety course prior to riding to school. These free courses teach the student basic safety skills

necessary to navigate roads and public areas that are aligned to Washington State codes.

Parents and guardians assume all risks associated with their student riding a bicycle to school, including injury, loss, damage, and theft of the bicycle and helmet. [Bicycle maps are available](#) to help determine the safest route.

We do not recommended students under 10 years old be allowed to ride their bikes to school District staff will not be responsible or held accountable for safeguarding a student's personal property.

Northshore Schools Foundation is supporting the bike to school initiative by generously raising funds to purchase bike racks for each participating school. To learn more about the project, [visit the Foundation's website](#).

Please contact our school office at 425-408-4000 if you have questions or concerns regarding your student biking to school.

Notes from Nurse Anne

Borrowed Clothes:

If your student borrowed clothes from the health room, we appreciate receiving these back asap after they are washed. We are very low on pants, especially boys athletic type pants with elastic waists in sizes 8-10-12. Most of these have been borrowed recently with all the wet weather and none have been returned. We are always in need of donations, especially in these sizes for girls and boys. (No jeans).

Reminders for cold weather days:

Please be sure your students are properly dressed for the weather ie. Coats, boots, gloves and hats as needed. The health room has a limited supply of these items to loan. Also, if your student wears basketball shorts "all year" (as many boys especially do!) please be sure to encourage long pants in cold weather.

Fever & Medication Reminder:

A temperature taken orally, that is over 100 degrees Fahrenheit, is considered a fever. Children should be fever-free for at least 24 hours (without fever reducing medication such as Tylenol or Advil) before sending them to school.

**** Please do not send your child to school if they required medication for a fever the during the night or the previous day, even if they wake up feeling well - again, they must still stay home until they have been symptom free - without using medications - for a full 24 hours. ****

A Quick Note about Head Lice...

No one likes to talk about it, but please let Nurse Anne know if your student has (or had) head lice.

- In colder weather when students bundle up more it can easily go unnoticed, but you should check your students head at least monthly and more often in winter.
 - A student can return to school once treated and they have a brief check-in with the nurse.
 - Students do not need to be "nit-free", but you must continue to comb through and check hair daily for a couple weeks to be sure all nits are completely gone.
 - If you would like a tutorial on how to do this, please stop by or call Nurse Anne
 - It is always best to have long hair tied back
 - Please teach your student not to share hats, combs or brushes
 - Be honest with your children's friends and playmates if you discover lice on your student - this limits exposure and spread to others in our community.
- Thank you!!

Music Notes from Mrs. Harris

Please mark your calendars for the first and second grade spring concerts on Tuesday, April 28th, 2020.

First graders will be sharing their program, “Arrowhead Hawks SOAR” at 6:30pm and the second graders will be sharing their program, “Arrowhead’s Astronomical, Stellar Second Grade Cosmic Concert” at 7:15pm. Both concerts take place in the Arrowhead gym.

First and second grade families, keep an eye out for your save the date. Please send the concert slip back to Mrs. Harris by February 28th.

5th Grade Camp

Save the date for 5th Grade Camp! We will be going to Camp Cedar Springs May 13th-15th. We will be looking for parent chaperones to join us! Communication will be sent home in March.

SBAC Testing

SBAC testing will be in May this year. Please check our website at the end of February for exact dates.

Interpreter/Translation Services for Parents

Your child's education is very important. As the parent/guardian of a Northshore student, you have the right to participate in your child's education, including communicating with teachers and staff about your child. Northshore offers interpreter and translation services to parents free of charge. We encourage you to tell someone at your child's school if you need an interpreter or a translation. Please contact your school office or Sue Moeller at 425-408-7723 if you have any questions or concerns about Northshore's language services.

孩子的教育非常重要。作为 Northshore 学校学生的父母/监护人，您有权参与您孩子的教育，包括与学校教职人员就您孩子的各方面情况进行沟通。Northshore 学校向家长免费提供口译和笔译服务。如果您需要翻译服务，我们鼓励您告诉孩子所在学校的相关人员。如对 Northshore 语言服务有任何问题，请与学校办事处或 Sue Moeller 联系，电话：425-408-7723。

귀자녀의 교육은 매우 중요합니다. Northshore 학생의 부모/후견인으로서 귀하에게는 자녀에 대해 교사 및 직원과 의견을 나누는 등 자녀 교육에 참여할 권리가 있습니다. Northshore는 학부모에게 통역 및 번역 서비스를 무료로 제공합니다. 통역 또는 번역이 필요한 경우에는 자녀 학교의 교직원에게 말씀해 주시길 바랍니다. Northshore의 언어 서비스에 대한 질문 또는 관심사항이 있는 경우에는 교무실 또는 Sue Moeller에게 425-408-7723으로 연락해 주십시오.

Образование вашего ребенка имеет большое значение. Являясь родителем / опекуном ученика округа Northshore, вы имеете право на участие в его образовании, в том числе на общение с учителями и персоналом школы по вопросам, касающимся вашего ребенка. Школьный округ Northshore предлагает родителям бесплатные услуги устного и письменного перевода. Если вам требуется помощь устного или письменного переводчика, сообщите об этом кому-либо из персонала школы, в которой учится ваш ребенок. Свяжитесь с администрацией школы или со Sue Moeller по телефону 425-408-7723, если у вас возникнут какие-либо вопросы или трудности со службой переводов Northshore.

Sự giáo dục của con quý vị là rất quan trọng. Là phụ huynh/người giám hộ của học sinh Northshore, quý vị có quyền tham gia chương trình giáo dục của con mình, gồm có việc liên lạc với giáo viên và nhân viên liên quan đến con quý vị. Northshore cung cấp dịch vụ thông dịch và biên dịch miễn phí cho phụ huynh. Chúng tôi khuyến khích quý vị nên thông báo cho một nhân viên tại trường học của con quý vị nếu quý vị cần thông dịch viên hoặc tài liệu dịch. Vui lòng liên hệ văn phòng nhà trường hoặc Sue Moeller qua số 425-408-7723 nếu quý vị có bất kỳ thắc mắc hay quan ngại nào về các dịch vụ ngôn ngữ của Northshore.

La educación de su hijo(a) es muy importante. Como padre/tutor de un alumno de Northshore, usted tiene derecho a participar en la educación de su hijo(a), esto incluye comunicarse con los profesores y el personal para hablar sobre su hijo(a). Northshore ofrece servicios de traducción e interpretación sin costo para los padres. Si usted necesita un intérprete o una traducción por favor coméntelo con alguien de la escuela donde estudia su hijo(a). Por favor contacte a la dirección de la escuela o a Sue Moeller al 425-408-7723 si tiene preguntas o inquietudes relacionadas con los servicios de traducción e interpretación de Northshore.