

# ARROWHEAD ELEMENTARY SCHOOL

## From the Principal

Principal Kristin Bailey  
[kbailey@nsd.org](mailto:kbailey@nsd.org)

Dear Families and Community,

November is recognized as [Native American Month](#). I'm frequently reminded that until accurate and complete historical information is the norm, we need to be intentional about focusing on people, histories and issues that have been marginalized. As well, since Thanksgiving is celebrated in November, we continue to grapple with how to correct the history and keep the celebration. Eating together and practicing gratitude are positive human experiences across cultures, but the traditional stories around the first Thanksgiving are not accurate. We deserve to know the truth.

For example, we just received a wonderful little booklet from the Bothell Historical Society that highlights the history of Bothell---starting with the first white settler. I wish the history started earlier with the tribes who were here, who traveled along the river from what is now Issaquah to what is now Kenmore. Our new reading curriculum includes units on homesteaders, Oregon Trail migrants and even the Grand Canyon, but all of them start the story with white contact with the land. The whole history of things is worth knowing.



The little boy to the far right in this photo is my great-grandfather. Thornton, New Mexico no longer exists, and neither do my great-grandfather's home or his uncle's store. The Anglo town has disappeared along with the Anglo name, and this land is now the Santo Domingo Pueblo outside of Albuquerque, New Mexico, inhabited by the Kewa Nation.

I don't know how my ancestors treated their Kewa neighbors, but it probably wasn't as equals. That's unfortunate, because if my great-grandfather had spent more time playing with the Kewa children in this photo he probably would have had a better sense of humor.

It's time for public education to incorporate the history and existence of the tribal people in our region. We can learn a lot from this history. Native history is really an example of community, survival, resilience, and invention. As a species, a nation, and a society we need to be better at all four of those things. Do a quick internet search and you will find valuable, interesting (and accurate!) information about our neighbors and predecessors, the Coast Salish, and the environmental, social and political history of our region.

Watch [this](#) for some historical (1920s) footage of the daily life of Coast Salish people. [This video](#) is a great overview of Native Peoples of the Pacific Northwest that starts in the ice age and has some lovely photographs and information. [This video](#) is longer, includes some recent political events, and is a good one for adults.

At Arrowhead we're hoping to change the trajectory of how history has been taught. We want Arrowhead students to learn a complete, accurate history of our region and nation. This week our first graders visited the Hibulb Cultural Center, where they learned about the culture, history and beliefs of the Tulalip Tribal people. Did you know the Tulalip Tribes are made up of the Skykomish, Snoqualmie, Snohomish and many other tribes and groups who signed the [Treaty of Point Elliot](#)? Because tribes were not conquered in war but entered into peace treaties where they traded land for certain rights, tribal history isn't about conqueror and conquered – it's about strategy and survival. Stories and examples of community, resilience and problem solving such as the Coast Salish provide are invaluable as our children learn to take care of each other and our planet.

In gratitude,

Kristin

## Arrival and Dismissal 2022-2023

8:45 a.m. Students may arrive on campus

8:57 a.m. Welcome Bell

9:00 a.m. School Begins\*

3:35 p.m. Dismissal

2:00 p.m. Wednesday Early Release

\*Students arriving after 9:00 a.m. must check in at the office and get a pass before going to class.

## Attendance

### Late Arrival / Excused Absence

If your child will arrive late or be absent from school:

Please call our 24-hour Attendance line 425-408-4010 or email [ahattendance@nsd.org](mailto:ahattendance@nsd.org) and your student's teacher by 9:00 a.m.

### Prearranged / Extended Absence

In the event that your child will miss more than 2 school days in a row for a reason other than a health or medical issue, please complete and return a printed copy of the [Absence Request Form](#) to the office or email a copy of the completed form to [ahattendance@nsd.org](mailto:ahattendance@nsd.org).

### Change in After School Plans

If your child is going to change from their normal method of getting home or has some other alternate plan, please complete and return a printed copy of the [Change in After School Plan Form](#) or send a note with your student.

## Lost and Found

Our Lost and Found Rack is located outside the Library. Please clearly label all of your child's belongings so they can be returned to them when lost.

## [2022-2023 NSD School Calendar](#)

## Volunteers

We love our volunteers! All volunteers in Northshore are required to complete an online [volunteer application](#) before being able to volunteer in classrooms or on field trips.

Volunteers are expected to renew your application annually and will receive an email alert one month before your application expires. If you completed a Level 2 background check in the past, **(required for field trip chaperones)** you will only need to complete a Level 1 check to renew your volunteer status. Please reach out to the office if you are unsure of your volunteer status, 425.408.4000. All field trip chaperones and drivers must be Level 2 status.

## **We are accepting Waivers for the 2022-2023 School Year!**

Did you know families outside of our boundary can choose Arrowhead with a waiver? We have space at our school to accommodate additional students in 2022-23 and beyond. Families looking for a smaller, more-inclusive elementary school, or who may be looking for a school with an innovative project-based learning curriculum would make a great addition to our community!

Interested families can reach out to Principal Bailey with any questions and/or you can direct people to the [Waiver information page](#) on the district website.

Let's keep our community strong!

## **Update Emergency Phone Numbers and Contacts**

You are now able to update your information and emergency contact information through [ParentVUE](#). We ask that you have the most up to date information in our system in case we need to get a hold of you in an emergency. If you need help logging into [ParentVue](#), please contact the Office at 425-408-4000.

## **Spirit Wear is Back! Orders end November 12**

Show your spirit every day in [Arrowhead Spirit Wear!](#) Store closes November 12, 11:59 p.m. All sales are final and cannot be returned. Orders will be delivered to school before Winter Break.

## **Veterans Day Assembly**

Please join us November 10 at 2:30 p.m. in the Gym to honor our Veterans.

## **HiCap Update**

*The Accelerated Models and Programs Department is continuing our 2022-23 eligibility process for highly capable designations to begin in the 2023-24 school year.*

*Families of students in grades K, 1, and 5 have been invited to take the IOWA Assessments.*

**[Refer a student and Give Permission to Participate](#)**

*We plan to offer the dates in elementary schools **November 29-December 17.***

*For additional information about our eligibility process, please visit the [highly capable services page on the nsd.org website.](#)*

*Thank you,*

*Accelerated Models and Programs Department*

## Champions Before and After School Care

Give your child a creative space to discover what they love, be original, and build friendships! We currently have space before or after school for children in grades K - 5 at Arrowhead.



We partner with schools to complement the learning they offer with our own robust curriculum for elementary schoolers. In October we are exploring Hispanic Heritage and celebrating Indigenous People's Day. Our programs take extra special care of hearts and minds, and give kids a safe space to do what they do best – be kids!

Ready to Join? Go to [discoverchampions.com](https://discoverchampions.com), or email Becky Lyons, site Director at [Rebekah.Lyons@kindercare.com](mailto:Rebekah.Lyons@kindercare.com) with any questions.

### Team Miller

Cameron Miller [cmiller3@nsd.org](mailto:cmiller3@nsd.org)

Katie Miller [kmiller@nsd.org](mailto:kmiller@nsd.org)

425.408.4016

Last month our Hawks got to experience some super fun new things at their outside recess time. Our primary students enjoyed an outdoor scavenger hunt at the beginning of the month. Students got to search high and low for different things found in nature. This was done at the beginning of the month when it was still very hot, and they all struggled to find water anywhere! (Ekkk!!)

These lucky kiddos also now have a nature trail that has been created in the green space at our school and get to explore this fantastic nature area together!

During the Mariner playoff game, the students at intermediate recess got to experience history when they all got to listen to and cheer on their team together.

Our Hawks have been creating their own safe spaces for others to play, share and be themselves.

They are very resourceful, using their kindness and awareness to resolve conflicts in their own creative ways! It truly has been amazing to see as they grow!

Fall is here, so bring out the rain boots and coats for muddy recess!





### **Is it a Cold? or COVID?... It doesn't matter! Please stay home!**

Cold and allergy symptoms can be indistinguishable from COVID like symptoms. Please continue to keep your student home when they are ill with any symptoms.

COVID testing with a negative result is required before returning to school for all students, staff and volunteers having any symptom(s).

If your student suffers from chronic seasonal allergies or asthma, etc. a note from your provider must be on file in the health room that confirms this condition in order for them not to be sent home when mild symptoms occur.

### **Clothing Resources**

If you need clothing assistance for your students, please visit the following links for more information and shopping hours:

**Threads & Treads:** For all NSD families - Canyon Park Middle School - Wednesdays 3-6pm and the 1st Saturday every month 9:00-12:00pm. [Threads & Treads](#)

**Clothes for Kids:** For all NSD families and Snohomish County residents. [Clothes for Kids](#)



**Holiday Meal Support:** [Northshore Schools Foundation](#)

[Northshore Community Assistance](#)

[Free Group Swim Lessons](#) to Kenmore residents in need.

If you do not have COVID tests at home, please contact me at 425-408-4006 or [ajanssen@nsd.org](mailto:ajanssen@nsd.org) to arrange to pick-up a test kit at school.

Thank you!

It's almost here!!! Give Back Day/Night is **November 16, 2022** at [Third Place Books Lake Forest Park](#) and [MOD Pizza LFP](#). It's actually Give Back ALL DAY! Purchases at both Third Place Books and MOD Pizza throughout the day COUNT toward our totals to support our [LIBRARY](#).

Our library will receive 20% of every purchase! You can purchase books and any gift or other items at Third Place – it all counts toward our school library! Make an evening of it and come have pizza at MOD and spend time browsing a real live independent book store! And it's a great time to do some holiday shopping!

In addition, you can order online from MOD Pizza LFP using our code MODF7683. Online book orders count too... just click the box and type the word "Arrowhead" in the box.

Ms. Ginny and friends will be running a simple craft activity for younger students in the LFP Commons from 5 to 6 pm.

*Don't miss* this super fun event! An opportunity to love literature at a favorite local business. Let your friends and family know too, and share the news on social media to get more funds for our library.

Our library is open each morning at 8:35! Stop by and start the day with reading and exploring the library! Check out our [Library Website here!](#) You'll find many reading and research resources and an occasional update from me! Are you searching for a book? Try [Destiny Discover, our library catalog!](#) Did you know I have an Instagram account for our library? [@arrowheadhawksread](#). I post about once a week or so.

Other Ways to support reading and our library?

- Encourage your children to read each day! Read aloud with them! Share a family book. Repeat.
- Purchase a gift to our library from our [Wishlist](#). Please let me know if you do purchase something.

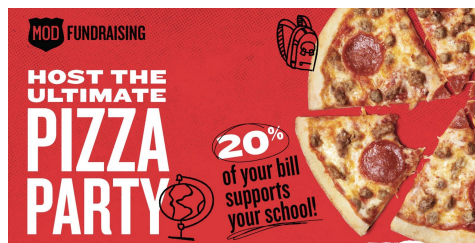
Hope to see you soon @ the library!

[-Ms. Ginny Allemann](#)

**Happy Reading!**

**THIRD PLACE BOOKS**

[thirdplacebooks.com](http://thirdplacebooks.com)



### How to Clean my Chromebook

- Shut down the device and unplug all external power sources and cables.
- Use microfiber cloths with an ammonia-free cleaner such as Windex Multi-Surface Vinegar.
- Spray the cleaner on the cloth and use the lightly dampened cloth to clean the surface.
- Ensure surfaces have completely air-dried before powering on the device or closing and storing it.

### How to Disinfect my Chromebook

- Shut down the device and unplug all external power sources and cables.
- Use only **70-75% alcohol wipes to** gently and carefully wipe the entire surface of the device. This includes the display/screen, keyboard, trackpad/mouse, and exterior surface of the item.
- Ensure surfaces have completely air-dried before powering on the device or closing and storing it.

**DO NOT** use aerosol sprays, bleach, peroxide-based, ammonia-based, or abrasive cleaners. Avoid excessive wiping or submerging the item in cleanser to avoid damage.

**Never spray cleaners/liquids directly onto computer keyboards or screens.**

## Counselor's Corner

Joan Gonda  
[jgonda@nsd.org](mailto:jgonda@nsd.org)  
425.408.4024

4th and 5th Grade Lunch Bunch has begun. Please reach out to me if you have any questions about your student or I can provide resources for your family.

Ms. Gonda School Counselor



## Coaches' Corner

Coach Fernell Miller [fmiller@nsd.org](mailto:fmiller@nsd.org)  
Coach Scott Barstow [sbarstow@nsd.org](mailto:sbarstow@nsd.org)  
Coach Ginny Allemann [vallemann@nsd.org](mailto:vallemann@nsd.org)  
Coach Heidi Padilla [hpadilla@nsd.org](mailto:hpadilla@nsd.org)  
425.408.4015

**What a great season!** We had a little smoke, a little rain, and a LOT of great effort by our Arrowhead Hawks! Coach Barstow and I congratulate all our runners for sticking with it and putting forth the effort.

Here's a summary of our individual runners who had a top 10 finish and the overall placement in each category as a team.

- 3rd, 4th, and 5<sup>th</sup> boys all finished 4<sup>th</sup> as a team
- 5<sup>th</sup> boys, James B. and Jace went 1<sup>st</sup> and 2<sup>nd</sup> all season including districts

**Season's End Celebration:** is November 8 at lunch recess in the gym. (Certificates and a treat)

**T-shirts-** Please wash and fold the Arrowhead t-shirt and return it to Ms. Ginny in the library or to Coach Barstow in room 132. Runners can also bring them to the celebration if that is easier.

Thanks for all your support and a special thanks to those who were able to volunteer at our home meet! See you next season!

Coach Ginny & Coach Barstow



## PTA Corner

[ptaarrowhead.org](http://ptaarrowhead.org)



Arrowhead Elementary Parent Teacher Associations mission is to positively impact the lives of all children and families within the Arrowhead community. We strive to support and advocate for our children by partnering with staff, families and the wider community to create a safe, inclusive and healthy learning environment allowing our students to excel personally, academically and socially.

**Join us/Renew your PTA membership:** If you haven't joined/renewed yet, please take a minute to do so. Just \$15 per person, \$25 per family. More info [on our website](#). Or go directly to [the MemberPlanet site](#) to Join. If the fees are a financial hardship for you, we have membership scholarships available. Email [membership@ptaarrowhead.org](mailto:membership@ptaarrowhead.org) to apply.

**Subscribe to Highlights Newsletter:** Weekly-ish newsletter with the latest on what's going on. Easy to subscribe [on our website](#). Now available in other languages! (Just click your language at the bottom of each highlights)

**PTA volunteer opportunities:** lots of opportunities to get involved listed [on our website](#). Host an individual event with help from others or find a role that fits your interests/strengths. Don't see something you want to do? Propose it!

## FANTASTIC FUNDRAISER



A **HUGE** thank you to our wonderful community for all of your donations to our fall fundraiser! With an extra push, our fall giving campaign reached its goal! Hooray!

You helped fund: Art, Science, Enrichment experiences, teacher and staff support, student & family support, and all of our community building activities! You are all THE BEST!

## NOVEMBER PTA EVENTS

**November 15th: November General Mtg via Zoom:** Our November meeting will be on Zoom. Join us from the comfort of your couch to get updates about what's new at school and with PTA programs.

### November General Membership Meeting

Time: Nov 15, 2022 07:00 PM Pacific

Meeting Link:

<https://us06web.zoom.us/j/87991907601?pwd=RjdqRkJuczYwa3ppYmN0Wm90M3ZvQT09>

Meeting ID: 879 9190 7601

Passcode: GoHawks22!

Check [our website](#) or highlights for the latest information on upcoming events. Contact us if you have questions.

## Volunteer Programs

Art Docent, Clay Docent and Watch D.O.G.S. programs are up and running, with parent volunteers leading art appreciation and projects and helping around the school. A huge thank you to all of our fantastic volunteers!

Before you come to school for your volunteer day(s) please make sure you are "Volunteer-Ready." You will need a fresh Volunteer Application for the 2022-23 school year. For more information and to start your application process, visit the Northshore School District website:

<https://www.nsd.org/get-involved/volunteer/become-a-volunteer>

Thank you!



## Thank you Volunteers!

Kindness Connects Us

### **Picture Retake Day Volunteers**

A huge thank you to our incredible Picture Day volunteers for their time and kindness with every student and helping us stay on schedule and get done so quickly.

### **PTA**

WE are blessed to have PTA and this community for our partners. Fall Fundraising goals were met which helps fund Art, Science, Field Trips, grade level enrichment, and staff wish lists.

### **Library Volunteers**

Our amazing Library volunteers keep the Library humming. Checking books in and out and helping students find their just right book.

### **Watch D.O.G.S.**

A huge shout out to our amazing Watch D.O.G. Dads who spend most of their Thursday with us, helping lunch buyers, supervising/playing at recess, and PE support.

### **Art & Clay Docents**

We are thrilled to have Art Docents back in our classrooms teaching our students the principles of art and encouraging their creativity with wonderful projects!

### **Field Trip Chaperones**

Field Trips would not be possible without the time and patience of our wonderful field trip chaperones.

***We are so grateful to PTA and this amazing community for their support!***

### Closures and Delays

If no schedule changes are posted, schools and buses are operating on normal schedules.

Emergencies such as inclement weather, power outages and hazardous road conditions can alter school schedules and affect bus transportation. The decision to close or delay schools is made by the superintendent as early as possible, usually around 5:30 a.m. Early dismissals will occur only if a delay in dismissal significantly increases hazards.

### [Closures and Delays](#)



## Arrowhead Hawks Soar by being Safe, Kind, and Responsible

Arrowhead Elementary  
6725 NE Arrowhead Drive  
Kenmore, WA 98028



Office: 425.408.4000  
Attendance: [ahattendance@nsd.org](mailto:ahattendance@nsd.org)  
Website: [arrowhead.nsd.org](http://arrowhead.nsd.org)

***At Arrowhead, we create resilient and empathetic learners who confidently navigate their world through being innovative, creative, critical thinkers.***